

15th SEPTEMBER 2022-2023

Re Constitution of
YOGA & MEDITATION CLUB:-

Year of establishment 2020-2021

Objectives

- 1) To enable the students to have good health.
- 2) To practice mental hygiene.
- 3) To possess emotional stability.
- 4) To integrate moral values.
- 5) To attain higher level of consciousness.

Activities

Yoga & Meditation classes schedule

1. Twice in a Semester for students
2. Once in a Semester for Faculty

Meeting

Once in a Semester

Chairman

Principal

Coordinator

1. Dr. K. Kavithamani - Asso. Prof. - Maths - 9047054447

Members (Teachers)

1. Mr. D. Amalraj - AP - Mech - 9843493354
2. Mr. S. Vivek - AP - Civil - 9566951005
3. Ms. Geetha - AP - ECE - 9042015339
4. Ms. K. Kavitha - AP - IT - 9940226244
5. S. J. Pradeeba - AP - Chemistry
6. Dr. R. Poornima - AP - Maths
7. E. Sumathi - AP - English
8. M. Sumithasree - AP - English
9. Dr. V. Nirmaladevi - AP - Chemistry
10. N. Nithya - AP - Physics
11. B. Mahalakshmi - AP - Physics
12. D. Prabhu - AP - Mech



- 13.S.Sivakumar-AP -Mech
- 14.K.R.Sakthivel-AP -Mech
- 15.Dr.R.Sakthival -AP-Civil
- 16.R.Parthasarathy-AP-Civil

Members (Students)

- 1.K.Sundar (Agri)
- 2.Jebajeni (Agri)
- 3.M.Vignesh (Mct)
4. Viswa Raja(Mct)
5. Devendran(EEE)
6. Abiseik(EEE)
7. Sarmila(CSE)

Coordinator

Dr.K.Kavithamani

PRINCIPAL

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Hindusthan College Of Engineering & Technology
COIMBATORE - 641 032,

