

15<sup>th</sup> SEPTEMBER 2021-22

Re Constitution of  
**YOGA & MEDITATION CLUB:-**

**Year of establishment 2020-2021**

**Objectives**

- 1) To enable the students to have good health.
- 2) To practice mental hygiene.
- 3) To possess emotional stability.
- 4) To integrate moral values.
- 5) To attain higher level of consciousness.

**Activities**

**Yoga & Meditation classes schedule**

1. Twice in a Semester for students
2. Once in a Semester for Faculty

**Meeting**

Once in a Semester

**Chairman**

Principal

**Coordinator**

1. Dr. K. Kavithamani - Asso. Prof. - Maths - 9047054447

**Members (Teachers)**

1. Mr. D. Amalraj - AP - Mech - 9843493354
2. Mr. S. Vivek - AP - Civil - 9566951005
3. Ms. Geetha - AP - ECE - 9042015339
4. Ms. K. Kavitha - AP - IT - 9940226244
5. S. J. Pradeeba - AP - Chemistry
6. Dr. R. Poornima - AP - Maths
7. E. Sumathi - AP - English
8. M. Sumithasree - AP - English
9. Dr. V. Nirmaladevi - AP - Chemistry
10. N. Nithya - AP - Physics
11. B. Mahalakshmi - AP - Physics
12. D. Prabhu - AP - Mech



- 13.S.Sivakumar-AP -Mech
- 14.K.R.Sakthivel-AP -Mech
- 15.Dr.R.Sakthival -AP-Civil
- 16.R.Parthasarathy-AP-Civil

**Members (Students)**

- 1.K.S.Logeswaran – I CSE
- 2.Jayaprasanth- I EEE
- 3.Sudharsan –I EEE
4. Kalaiselvan B- I EEE
5. Sivaraman I AERO
- 6.Sibin I AGRI
7. P.Mahalakshmi I CSE

**Coordinator**

**Dr.K.Kavithamani**

**PRINCIPAL**

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Hindusthan College Of Engineering & Technology  
COIMBATORE - 641 032

