



Constitution of

YOGA & MEDITATION CLUB:-

Chairman

Principal

Member Secretary / Coordinator

1. Dr. K. Kavithamani –Asso. Prof. - Maths-9047054447
2. Mr. D. Amalraj – AP - Mech- 9843493354
3. Mr. S. Vivek- AP –Civil-9566951005
4. Ms. Geetha- AP –ECE-9042015339
5. Ms. K. Kavitha- AP –IT-9940226244

Members (Teachers)

1. S. J. Pradeeba- AP- Chemistry
2. Dr. R. Poornima- AP- Maths
3. E. Sumathi- AP -English
4. M. Sumithasree- AP -English
5. M. Kiruthika- AP -Maths
6. Dr. V. Nirmaladevi- AP -Chemistry
7. N. Nithya -AP -Physics
8. B. Kousalya- AP -Maths
9. B. Mahalakshmi- AP -Physics
10. R. Shangar Ganesh - AP -Mech
11. A. Nazeer Ahamed –AP- Mech
12. S. Alagar- AP -Mech
13. D. Prabhu- AP -Mech
14. S. Sivakumar- AP -Mech
15. K. R. Sakthivel- AP -Mech
16. C. A. Jagadeesh- AP -Mech
17. L. Karthiick- AP –Mech
18. Dr. R. Sakthival –AP- Civil
19. R. Parthasarathy- AP- Civil
20. Dr. A. Kishore Kumar –AP- ECE

Members (Students)

1. Varsha. C- II Year IT B
2. Srivishnu. R- II Year IT B
3. Harshavardhan. G - II Year E&I
4. Arunrathnavel. C II Year Mech A
5. Sujitha. A – I CSE B
6. Sunderesa. Ravegan. S. I CSE B



Objectives

- 1) To enable the student to have good health.
- 2) To practice mental hygiene.
- 3) To possess emotional stability.
- 4) To integrate moral values.
- 5) To attain higher level of consciousness.

Activities

Yoga & Meditation classes will be schedule as

1. Twice in a month for students
2. Once in a month for Faculty

Meeting

Once in a Semester



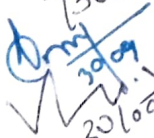
PRINCIPAL

Member Secretary / Coordinator

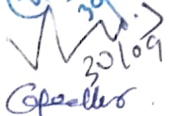
1. Dr. K. Kavithamani



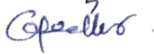
2. Mr. D. Amalraju



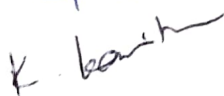
3. Mr. S. Vivek



4. Ms. Geetha P.



5. Ms. K. Kavitha



PRINCIPAL

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GOIMBATORE - 641 032