



Hindusthan

College of Engineering and Technology

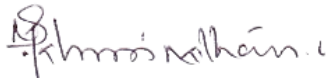
Coimbatore-641032

STUDENT WELFARE COMMITTEE

ACADEMIC YEAR 2020 – 2021

Events in Association with Yoga Club

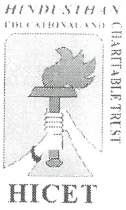
Activity	Date	Name of the Event
1	27.10.2020	Yoga Importance in Life
2	16.11.2020	Tips to Improve Physical and Mental Fitness


Coordinator




Principal

PRINCIPAL
Hindusthan College Of Engineering & Technology
COIMBATORE - 641 032.



Hindusthan

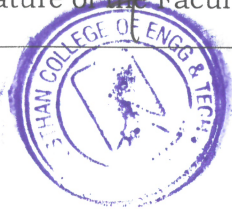
College of Engineering and Technology,

Valley Campus, Pollachi Highway, Coimbatore 641 032.

www.hicet.ac.in


Report for Organized

Name of the Faculty :Dr.K.KAVITHAMANI	
Department :MATHEMATICS	Designation :ASSOCIATE PROFESSOR
Nature of the Event:Conference /Seminar /Workshop/FDP/Refresher Course/ Training / Industry Visit / Guest Lecture	
Category:International / National / State / Regional / Industry / University / College Level	
Title :WEBMINAR ON YOGA	
Venue : HICET	
No. of Days :1	Dates : 27.10.2020
Fundedby :UGC/CSIR/DST /DSIR/TNSCST /ICSSR /NCERT /INSA/....	
No. of Participants :1200	Registration charges (if any) : NIL
Name and Designation of Resource Person(s) : DEVAPRABHA DEVARAJAN B.COM,PG.DIP.YOGA YOGA TEACHER SUGUNA INTERNATIONAL SCHOOL GHANDIPURAM, COIMBATORE	
Outcomes of the Event :Improve personal fitness and getting positive thoughts through participation in yoga	
Remarks and Feedback on the Event: GOOD	
Plan of Implementing in HICET (if any) : Planned live session in future.	
Signature of the Faculty	Principal



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GOIMBATORE - 641 032

Copy of the Event Brochure / Invitation:



HINDUSTHAN COLLEGE OF ENGINEERING AND TECHNOLOGY
VALLEY CAMPUS, POLLACHI HIGHWAY, COIMBATORE
[AN AUTONOMOUS INSTITUTION]
APPROVED BY AICTE, AFFILIATED TO ANNA UNIVERSITY, CHENNAI
ACCREDITED WITH 'A' GRADE BY NAAC

YOGA CLUB ORGANIZES

WEBINAR

ON YOGA


CONVENER
Dr.K.Karunakaran
Principal

CO-ORDINATORS
YOGA CLUB, HICET

STUDENT CO-ORDINATOR
SHRIRAM.S 2nd yr/CSE Dept


GOOGLE MEET (CLICK)
<https://meet.google.com/spt-qyjb-imp>

Resource Person

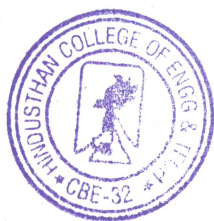


Devaprabha.Devarajan
Bcom,B.A,PG.Dip.Yoga.
Suguna International school,
Gandhipuram Coimbatore
As a Yoga instructor.

To Register
(Click the QR Code)

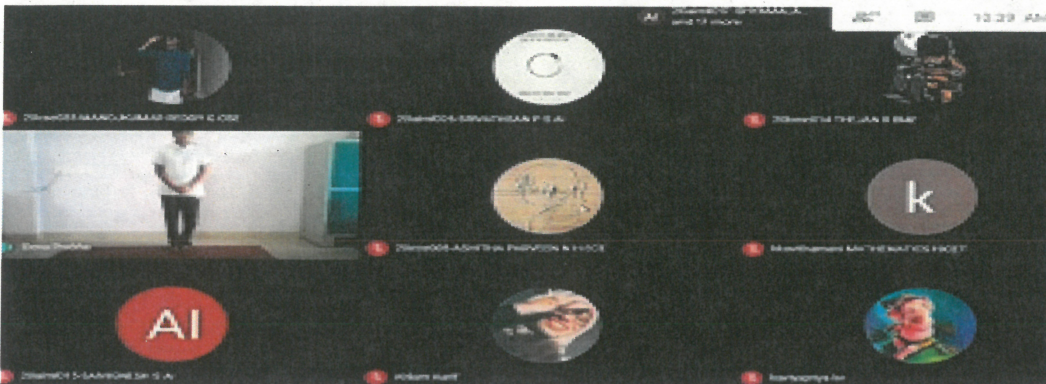


JOIN US
10.30 AM - 12.00 PM
OCTOBER 27

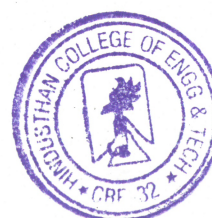
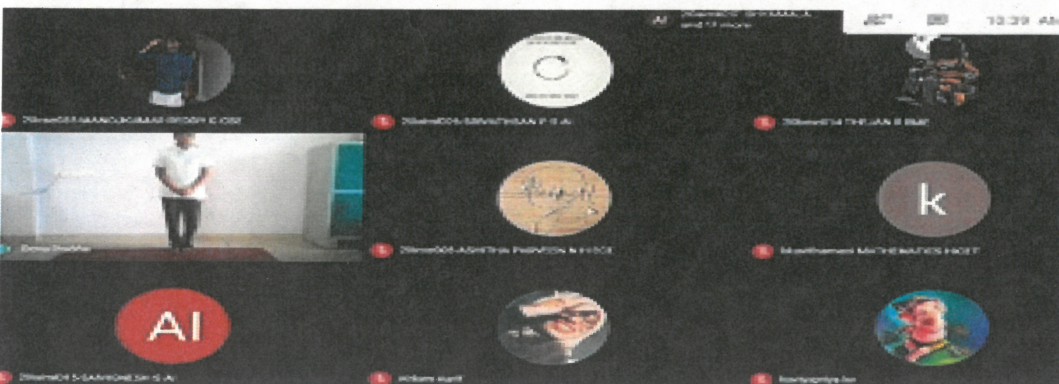


Geo-Tagged Photographs of Event – 4 Nos

Ms.D.Devaprabha is explaining about meditation



She is doing yoga

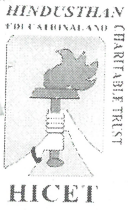


Sample certificates for Participation:

YOU TUBE LINK:<https://youtu.be/6UXDEUxf14I>

FEED BACK : GOOD





Hindusthan

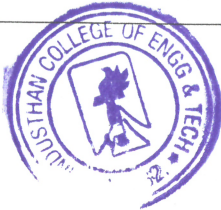
College of Engineering and Technology,

Valley Campus, Pollachi Highway, Coimbatore 641 032.

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Report for Webinar Organized

Name of the Faculty :Dr.K.KAVITHAMANI	
Department :MATHEMATICS	Designation :ASSOCIATE PROFESSOR
Nature of the Event:Conference / Seminar /Workshop/FDP/Refresher Course/ Training / Industry Visit / Guest Lecture	
Category:International / National / State / Regional / Industry / University / College Level	
Title :TIPS TO IMPROVE PHYSICAL AND MENTAL FITNESS	
Venue : HICET	
No. of Days :1	Dates : 16.11.2020
Fundedby :UGC/CSIR/DST /DSIR/TNSCST /ICSSR /NCERT /INSA/....	
No. of Participants :1525	Registration charges (if any) :
Name and Designation of Resource Person(s) : T.V.JEYALAKSHMI PRESIDENT SKY YOGA TRUST(Saravanampatti) AND SKY YOGA CENTRE (Sidhdipudur)	
Outcomes of the Event :Improve personal fitness through participation in yoga	
Remarks and Feedback on the Event: GOOD	
Plan of Implementing in HICET (if any) : Need live session	
Signature of the Faculty	Principal



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Hindusthan College of Engineering & Technology
COIMBATORE - 641 032


Copy of the Event Brochure / Invitation:



Hindusthan College of Engineering and Technology
Valley Campus, Pollachi Highway, CBE




YOGA CLUB ORGANIZES

WEBINAR ON
TIPS TO IMPROVE PHYSICAL AND MENTAL FITNESS



Resource Person:
T.V. Jeyalakshmi, M.Com.M.A.Yoga
PRESIDENT
SARAVANAMPATTI SKY YOGA TRUST
AND SIDHAPUDHUR SKY YOGA CENTER
Contact.No :98942 71616

CLICK ON THE QR CODES

To Register	Google meet link	YouTube link
		

16 NOV, 2020
10.30 AM-12.00 PM

Dr.K.Karunakaran Principal	YOGA CLUB, HICET	SHRIRAM.S 2 nd yr/CSE Dept.
CONVENER	EVENT CO-ORDINATORS	STUDENT CO-ORDINATOR

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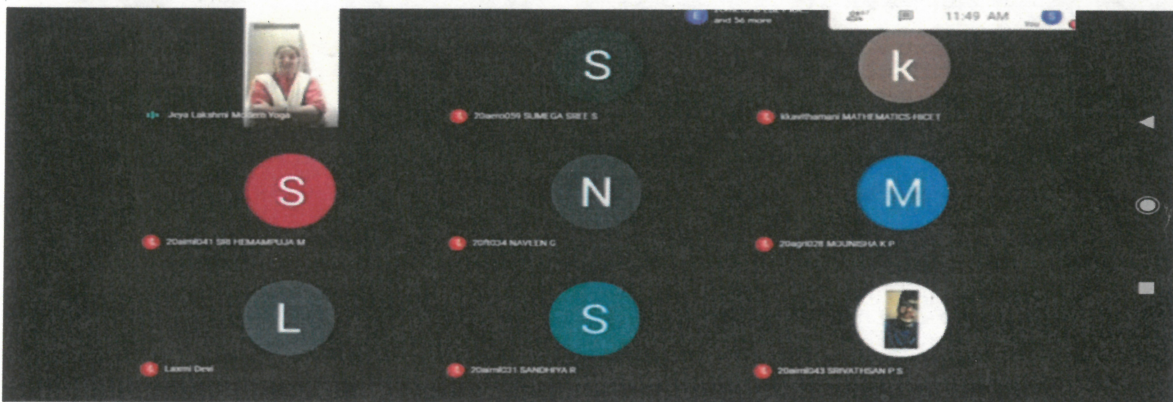


Geo Tagged Photographs of Event –

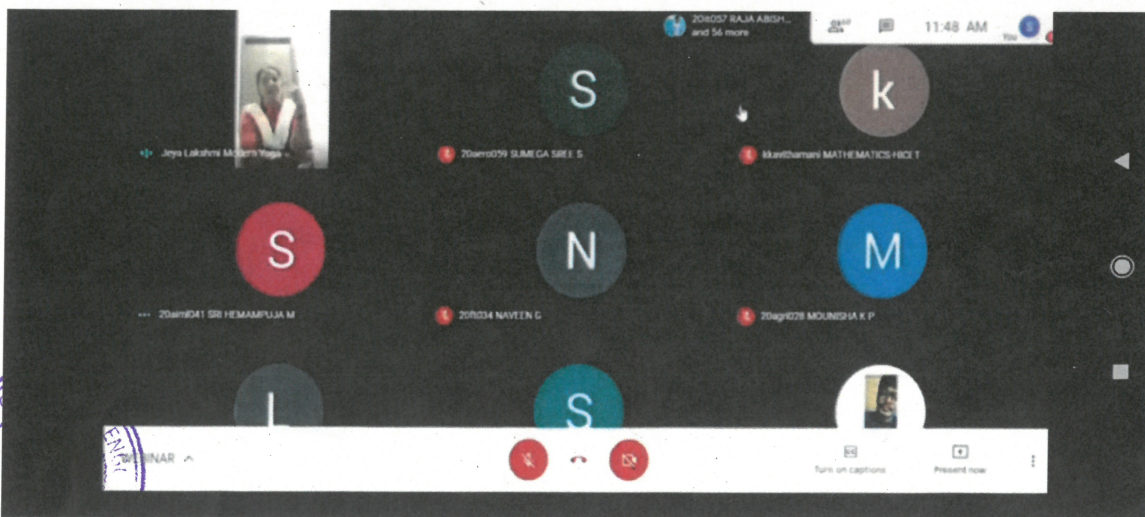
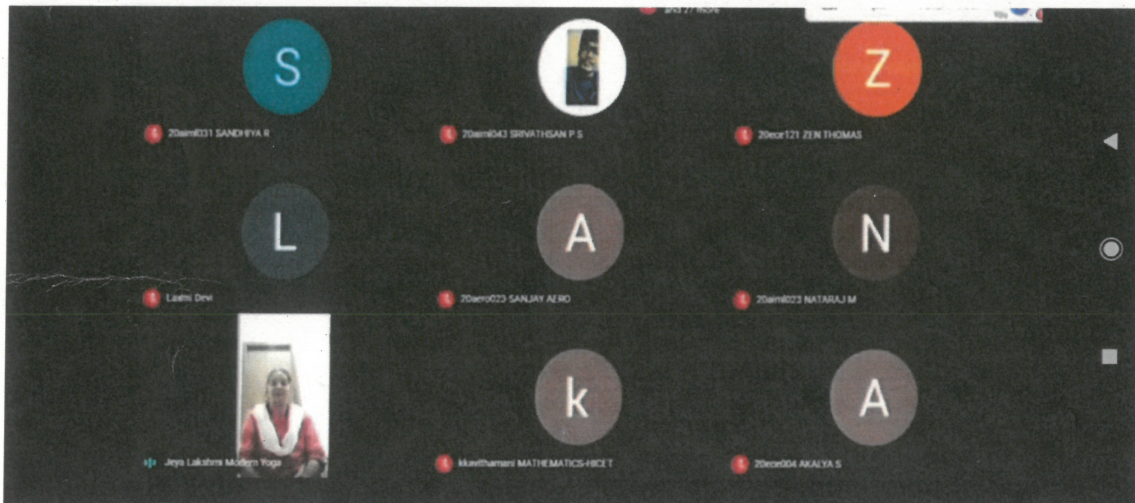
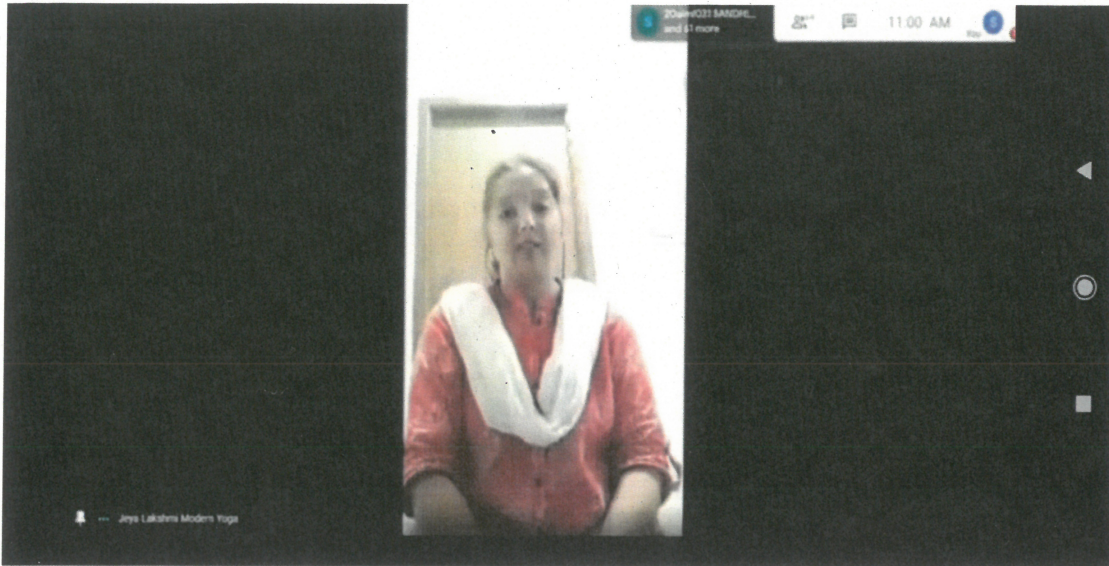
Important of food



Ms. Jeyalakshmi explains how to develop strength



Talks on self improvement



You tube link : <https://youtu.be/DpAGPWeswyY>