



**Hindusthan**  
**College of Engineering and Technology,**  
**Coimbatore 641 032.**

**Valley Campus, Pollachi Highway, Coimbatore 641 032.**  
**[www.hicet.ac.in](http://www.hicet.ac.in)**

**Committee: Students Counseling Cell**

**Academic Year: 2024 -25**

**INDEX OF EVENTS**

Activity	Date	Name of the Event	Number of Participants
1	02.05.25	Program on Yoga for Youth Empowerment	97





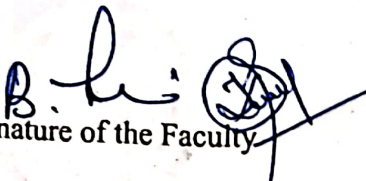


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### Report for Organized

Name of the Faculty : Dr. K. Kavithamani & Dr. B. Jeyagowri	
Department :S&H	Designation :ASP
Nature of the Event: YOGA	
Category: Students & Faculty	
Title : Yoga for Youth EMpowerment	
Venue : Marutham Hall	
No. of Days :1 Day	Dates : 02.05.2025
Funded by : Management	
No. of Participants :97	Registration charges (if any) : NIL
Name and Designation of Resource Person(s) :Prof.Suguna,Yoga Trainer, Sky Yoga, Pollachi.	
<b>Outcomes of the Event :</b> Students are very much interested to attend the program in future.	
<b>Remarks and Feedback on the Event:</b> Good Response from our student and faculty members.	
Plan of Implementing in HICET (if any): Yes	
<div style="display: flex; justify-content: space-between; align-items: flex-end;"><div style="text-align: center;"> Signature of the Faculty</div><div style="text-align: center;"></div><div style="text-align: center;"> Principal <b>PRINCIPAL</b> Hindusthan College Of Engineering &amp; Technology COIMBATORE - 641 032</div></div>	



Copy of the Event Brochure / Invitation


 **Hindustan**    
College of Engineering and Technology  
An Autonomous Institution



**YOGA CLUB, SKY YOGA & SCC  
JOINTLY ORGANIZE  
YOGA FOR YOUTH  
EMPOWERMENT**

PROF. SUGUNA   PROF. AMRIGA   PROF. VIJAYA   PROF. MUMUKSHANILAM

<b>COORDINATOR</b> DR. K. KAVITHAMANI DR. R. Jeya Gowri ASP/SSH	<b>CONVENOR</b> DR. K. PUMA HOD/SSH	<b>PATRONS</b> DR. J. JAYA PRINCIPAL
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TIME: 9:30 - 4:00  
VENUE: MARUTHAM HALL

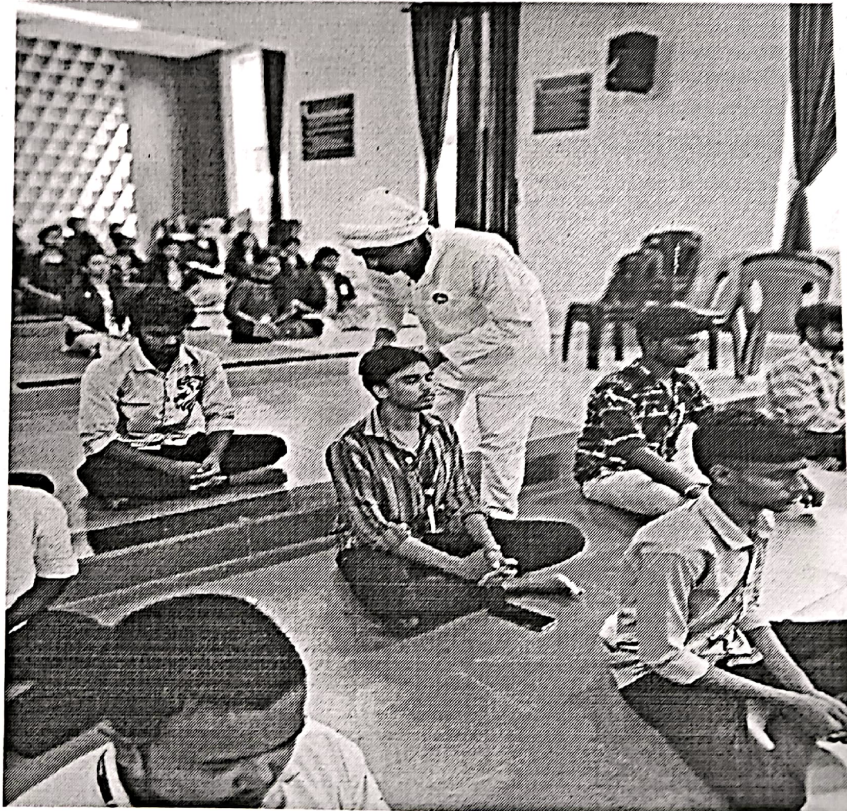
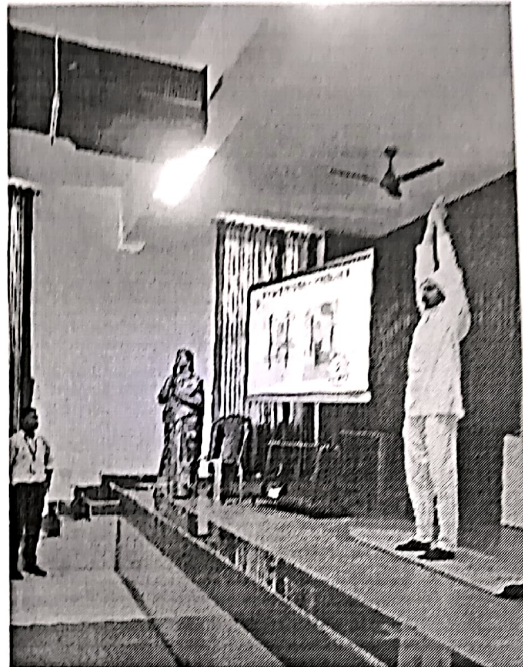
02.05.2025





## Geo-Tagged Photographs of Event

"The practice teaches us to surrender to life's flow and have faith in universal wisdom"



"Elevate your practice, Elevate your life"







"Breathe, flow, transform"



