



**Hindusthan**

**College of Engineering and Technology,  
Coimbatore 641 032.**

Committee: Students Counseling Cell

Academic Year: 2019 -20

**INDEX OF EVENTS**

<b>Activity</b>	<b>Date</b>	<b>Name of the Event</b>	<b>Number of Participants</b>
1	05.09.2019	Motivational Programme on <b>"PROGRAM YOUR MIND"</b>	75
2	22.12.2019	Awareness Program on <b>"OVERCOMING THE COVID 19 PANDEMIC"</b>	80
3	08.04.2020	Awareness Program on <b>"PROMOTION OF MENTAL HEALTH"</b>	80

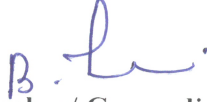





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Coimbatore – 641 032



**Report for Motivational programme organized**

Name of the Faculty : Dr. B. Jeyagowri	
Department : (Science & Humanities) SCC	Designation : Associate Professor
Name of the Event: Motivational Talk on “Program Your Mind”	
Level : College Level	
Venue : Seminar Hall	
No. of Days : 1	Dates : 05.09.2019
Funded by : Management	
No. of Participants : 75	Registration charges (if any) : Nil
Name and Designation of Resource Person(s) : Dr. M. Vijayakumar M.D Neuro Psychologist, Hypnotist and Psycho Therapist, Thoughts Clinic, Coimbatore	
Outcome : The motivational programme was highly beneficial to the students in achieving their dreams and goals.	
Remarks and Feedback on the Event: The event was good and interesting.	
Plan of Implementing in HiCET (if any) : Nil	
<p style="text-align: center;"> Member/ Co - ordinator <i>(Dr. B. Jeyagowri)</i></p> <p style="text-align: right;"> Principal</p>	



**PRINCIPAL**  
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**UNIVERSITY, CHENNAI)**  
**COIMBATORE - 641 032**

**STUDENTS COUNSELING CELL**  
**ORGANIZES**

**SPECIAL MOTIVATIONAL SPEECH**  
**ON**

***"PROGRAM YOUR MIND"***

**RESOURCE PERSON**  
**DR. BABU RANGARAJAN**  
**CLINICAL PSYCHOLOGIST**  
**SALEM**



**05.09.2019 | 2.30 PM**

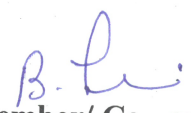
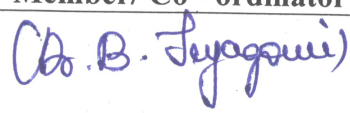
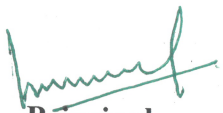
**VENUE : SEMINAR HALL**



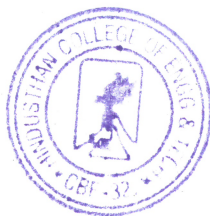
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**Report for Webinar organized**

Name of the Faculty : Dr. B. Jeyagowri	
Department : Science & Humanities	Designation : Associate Professor
Name of the Event: Webinar on “OVERCOMING THE COVID 19 PANDEMIC”	
Level : College Level	
Venue : Google Meet	
No. of Days : 1	Date: 22.12.2019
Funded by : Management	
No. of Participants : 100	Registration charges (if any) : Nil
Name and Designation of Resource Person(s) : Dr. M. Vijayakumar M.D Neuro Psychologist, Hypnotist & Psycho therapist, Thoughts clinic , Coimbatore	
Outcome: The students got awareness how to overcome the pandemic situation in their academic activities.	
Remarks and Feedback on the Event: Excellent and inspiring.	
Plan of Implementing in HiCET (if any) : Nil	
<p style="text-align: center;"> Member/ Co - ordinator </p> <p style="text-align: right;"> Principal</p>	

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STUDENTSCOUNSELINGCELL  
ORGANIZES  
AWARENESS PROGRAM  
ON

# OVERCOMING THE COVID 19 PANDEMIC

RESOURCE PERSON  
DR. M. VIJAYAKUMAR M.D



NEURO PSYCHOLOGIST, HYPNOTIST & PSYCHO THERAPIST,  
THOUGHTS CLINIC  
COIMBATORE



DATE: 22.12.2019  
TIME: 11.00 AM  
PLATFORM: GOOGLE MEET





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**Report for Awareness programme organized**

Name of the Faculty : Dr. B. Jeyagowri	
Department : Students Counseling Cell (SCC)	Designation : Associate Professor
Name of the Event: Awareness programme on <b>“PROMOTION OF MENTAL HEALTH”</b>	
Level : College Level	
Venue : Google Meet <i>—online</i>	
No. of Days : 1	Date: 08.04.2020
Funded by : Management	
No. of Participants : 80	Registration charges (if any) : Nil
Name and Designation of Resource Person(s) : Dr. M. Vijayakumar M.D Neuro Psychologist, Hypnotist & Psycho therapist, Thoughts clinic , Coimbatore	
Outcome: The programme emphasizes the various activities like good exercise, sleep and good nutrition to be carried out by the students in achieving good mental health.	
Remarks and Feedback on the Event: The webinar was good and highly beneficial	
Plan of Implementing in HiCET (if any) : Nil	
<div style="display: flex; justify-content: space-around;"><div style="text-align: center;"> <b>Member/ Co - ordinator</b> <i>Dr. B. Jeyagowri</i></div><div style="text-align: center;"> <b>Principal</b></div></div>	



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STUDENTS COUNSELING CELL  
ORGANIZES  
AWARENESS PROGRAM  
ON

# PROMOTION OF MENTAL HEALTH

RESOURCE PERSON

**DR. M. VIJAYAKUMAR M.D**

NEURO PSYCHOLOGIST, HYPNOTIST & PSYCHO THERAPIST,

THOUGHTS CLINIC  
COIMBATORE



**DATE: 8.04.2020**  
**TIME: 11.00 AM**

**PLATFORM: GOOGLE MEET**